

Public Health Multi-Agency Training Programme 2024-2025



About the training

Newcastle Public Health offer multi-agency training online and face to face. This training is designed to help practitioners learn new skills and to enhance their offering to their clients and potentially colleagues. Our aim is to build a wider social movement for better health to meet the population health challenges of the 21st century which require a whole society, cross sector approach to prevention. In 2015, the Centre for Workforce Intelligence (CfWI) and the Royal Society for Public Health (RSPH) identified that the wider public health workforce has the potential to make a large contribution to the public's health and wellbeing.

Public health professionals play a crucial role in promoting and protecting the health and wellbeing of the population. The primary responsibilities of the public health workforce are to prevent disease, prolong life, and improve the overall health of communities.

The training on this document is updated as needs arise, and further areas of development are identified. If you have any feedback or wish to suggest some training, please complete the feedback form <https://forms.office.com/e/HcPAc3e8v3> . For feedback on specific courses completed please use the Evaluation from.

Who are the courses for designed for?

The training programme is primarily aimed at managers, paid staff and volunteers who work in Newcastle with either adults or young people.

The training courses are suitable for staff from many different sectors and organisations such as:

- Specialist domestic and sexual violence and abuse service providers
- Health professionals, for example, midwives, health visitors, GPs, nurses, mental health services, school nurses
- Adult and children's safeguarding practitioners
- Education sector
- Housing and hostel services
- Alcohol and drug services
- Community and voluntary sector
- Criminal justice agencies

All the courses listed in this programme are delivered either face to face or on Microsoft Teams. Training delivered on a multi-agency basis using Public Health and external trainers, and is an effective way being able to offer a range of courses with expert knowledge and life experiences.

All the courses are delivered using various training methods including group work, PowerPoint presentation, skills practice, and case studies. The training is interactive and based upon current best practice and evidence of what works well in response to the situations that practitioners face.

Training delivery format

To ensure the training programme is accessible to all, the courses are delivered either face to face or online via Teams or Zoom.

The classroom-based courses take place at Newcastle Civic Centre but can also be delivered at other locations in the city including commissioned services and community settings. This will usually be the case for customised or specific organisational training.

For Teams training, to make the training a valuable learning experience for all participants we ask that you do not take phone calls or read / answer e-mails during Teams training. We also ask that you use a device that allows you to have your microphone and camera on, so that you can speak and are visible to the trainers.

If you have any accessibility needs please email publichealthtraining@newcastle.gov.uk to discuss and we will endeavour to support you.

Equality and Diversity

Equality is at the heart of our vision and values and is a part of everything we do. We are committed to tackling discrimination and the inequalities which prevent people from fulfilling their true potential. We aim to provide access to training regardless of a person's ethnicity, disability, sexual orientation, gender identity, age, or religion.

We aim to ensure that all our courses are inclusive and avoid discrimination in all respects. This is always an integral objective in our planning and preparation of the training, and we undertake to:

- ~ Ensure that all participants are treated as individuals
- ~ Respect the opinion and experience of others
- ~ Appropriately challenge discriminating language or any oppressive behaviour.

<https://www.newcastle.gov.uk/local-government/equality-and-diversity>

Booking guidance, terms, and conditions

Registration and allocation of places

All bookings are managed via the Eventbrite website. Click on the Eventbrite registration, course details and dates hyperlink next to the course you would like to attend and complete the online registration form.

Once you have completed the online registration form you will receive an e-mail confirmation from Eventbrite which will include your ticket for the training event. You will also receive a further e-mail confirmation/course reminder prior to the course date. Your Eventbrite ticket will give you the option to save the date in your calendar.

Your booking information may be shared with course providers to allow the sharing of course material, certificates, and information relevant to that training course. By booking onto a training course, you are agreeing to this information being shared if required.

Newcastle City Council's Privacy Notice explains how we use information about you and how we protect your privacy. [You can read the Privacy Notice here](#)

Charges for attendance

Training is free to organisations operating within Newcastle. Organisations from outside of Newcastle are welcome to attend but will be expected to pay a fee of £50 per person per day or £25 per person per half day.

Cancellations and non-attendance fees

If you are booked to attend a course but are subsequently unable to attend or are unable to attend for the entire course, you must cancel your booking on Eventbrite as soon as you become aware of this so that the place will be available for someone else. Cancellations must be received within 5 working days of the course start date. If you do not attend a course, have booked on without prior cancellation you (or your internal directorate) maybe liable for a late cancellation fee of £50.

Public Health reserves the right to cancel courses. If this happens, we will inform you as soon as possible and will offer an alternative date where available.

Evaluation

We would appreciate if you could complete the evaluation form for each course which will be emailed to you once the course has been completed. The form will take around 4 minutes to complete and helps us ensure the training meets your needs, any improvements we could make and your user experience. The link to the evaluate is

<https://forms.office.com/e/5F137AfaKr>

Drug and Alcohol related training courses.

Identification and Brief Advice Drugs and Alcohol:

The training session is available for workforce staff or individuals within Newcastle who work with young people, young adults and/or adults who use or misuse substances; and who would like to increase their awareness, knowledge, and skill. The aim of the Identification and Brief Advice (IBA) Programme is to increase the number of individuals competent to effectively deliver alcohol and drug screening and subsequent brief advice in Newcastle. This session will provide a basic understanding about drugs and alcohol: Awareness, Harms, Brief Advice, Identification, Referral Pathways.

Dates, time, venue, and trainer

Tuesday	10 th September 2024	9:30-12:30	Allison Petty	Civic Centre Collingwood	Register
Wednesday	22 nd January 2025	12:30-15:30	Allison Petty	Civic Centre Collingwood	Register
Thursday	20 th March 2025	9:30-12:30	Allison Petty	Civic Centre Collingwood	Register

Crack Cocaine:

This course covers specific interventions, health, mental health issues, appropriate treatment and effective ways of working with this client group.

The course covers; History of crack and cocaine, current world and UK situation. Current policy / research documents, who is using crack and cocaine, types of cocaine. How cocaine works and health and psychiatric implications.

Dates, time, venue, and trainer

Thursday	4 th July 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Friday	19 th July 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	18 th September 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Tuesday	7 th January 2025	10:00-13:00	Tony D'Agostino	Teams	Register

Drug and Alcohol Level 1:

This knowledge-based drug and alcohol training course will look at alcohol, prescription medication, NPS (former legal highs) and the different types of drugs that are commonly used and the issues surrounding them. This course aims to increase awareness of drugs and alcohol use and provides information to help your workers begin to assess clients for drug & alcohol problems and how to refer people into effective specialist services.

Dates, time, venue, and trainer

Wednesday	2 nd July 2024		Tony D'Agostino	Teams	Register
Tuesday	15 th October 2024	10:00-13:00	Tony D'Agostino	Teams	Register

Wednesday	4 th December 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Tuesday	4 th February 2025	10:00-13:00	Tony D'Agostino	Teams	Register

Drug and Alcohol Level 2: (Please complete level 1 prior to booking)

The drugs and alcohol training (Level 2) will develop participants knowledge and skills from the level 1 course, in identifying substance misuse and alcohol related needs via screening and/or assessment. It will provide workers with strategies and treatment tools that they can use to help clients engage with drug and alcohol treatment services.

Dates, time, venue, and trainer

Wednesday	3 rd July 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	16 th October 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Thursday	5 th December 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	5 th February 2025	10:00-13:00	Tony D'Agostino	Teams	Register

Dual Diagnosis:

Focusses on drug use and mental health (occurring conditions). The course provides information on how drugs, alcohol and mental health issues interrelate and how to work effectively with people facing these challenges.

Dates, time, venue, and trainer

Thursday	5 th September 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	27 th November 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	22 nd January 2025	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	19 th March 2025	10:00-13:00	Tony D'Agostino	Teams	Register

Drugs and Young People:

This course covers the most commonly used drugs young people may use, including novel psychoactive substances (former legal highs), misuse of prescription medication, Illicit mediation (such as Xanax), cannabis and alcohol. It also covers issues such as 'county lines and adolescent trauma. The course will help workers to identify symptoms, respond appropriately, and know when to refer to specialist services.

Dates, time, venue, and trainer

Wednesday	4 th September 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Thursday	12 th December 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Tuesday	18 th February 2025	10:00-13:00	Tony D'Agostino	Teams	Register
Friday	21 st March 2025	10:00-13:00	Tony D'Agostino	Teams	Register

Chemsex:

Course aims to give the participants the confidence, knowledge, and skills to be able to give effective interventions to this cohort of people. The course covers:

- Basic understanding of Chemsex
- What we know and what we don't know
- Risk factors and implications for health, sexual health, and drug services
- Prevention and harm reduction
- Good practice and resources

Dates, time, venue, and trainer

Thursday	11 th July 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Thursday	19 th December 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	29 th January 2025	10:00-13:00	Tony D'Agostino	Teams	Register
Thursday	27 th March 2025	10:00-13:00	Tony D'Agostino	Teams	Register

Ketamine: A knowledge-based ketamine training course focuses on interventions, effects on health, psychiatric implications and effective treatment and support. The course covers; History of Ketamine, different types & routes of use. How Ketamine works, health and psychiatric issues, current medical research and treatment.

Thursday	25 th July 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Thursday	21 st November 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	15 th January 2025	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	12 th March 2025	10:00-13:00	Tony D'Agostino	Teams	Register

Cognitive Impairment in Dependent Drinkers.

Over half of all dependent drinkers are likely to experience alcohol related cognitive impairment. They may seem difficult to engage due to their difficulties with remembering, concentrating, reasoning, processing information, planning ahead and a sense of direction. Learning objectives.

Raise awareness about cognitive impairment in drinkers

Provide guidance on communication techniques with people with cognitive impairment

Describe interventions and model pathways

Explore the use of the ACE III cognitive screen with this client group

Identify how best to engage with existing brain injury services

Discuss mental capacity and the use of legislative frameworks

Dates, time, venue, and trainer: Coming soon.

Monday	15 th July 2024	09:30-12:00	Mike Ward	Teams	Register
Friday	6 th September 2024	14:00-16.30	Mike Ward	Teams	Register
Tuesday	19 th November 2024	09:30-12:00	Mike Ward	Teams	Register
Thursday	6 th February 2025	14:00-16.30	Mike Ward	Teams	Register

Naloxone Training:

The training will cover: What is Naloxone, its history and reasons for use, current drug trends nationally and in the North East how Naloxone works and how it is administered.

Please note this training is only suitable for premises that have naloxone or naloxone users.

Please contact us at publichealthtraining@newcastle.gov.uk to discuss training for your organisation.

An Introduction to NA

Presentation covering a brief history of NA since it was founded in 1953, it's current meetings in Newcastle and the North East, the four basic suggestions of the NA programme, the diversity of our membership, how each group is autonomous within a global service structure, how to join us and where to find us.

Dates, time, venue, and trainer

Thursday	25 th July 2024	10:00-11:00	Narcotics Anonymous	Civic Centre Pandon	Register
Thursday	31 st October 2024	10:00-11:00	Narcotics Anonymous	Civic Centre Bewick/Dobson	Register
Thursday	27 th February 2025	10:00-11:00	Narcotics Anonymous	Civic Centre Bewick/Dobson	Register

12 Step Myths and reality training:

Training will give a brief introduction to the Narcotics Anonymous 12 step fellowship and address some of the common misconceptions.

Dates, time, venue, and trainer

Thursday	29 th August 2024	10:00-11:00	Narcotics Anonymous	Civic Centre Bewick/Dobson	Register
Thursday	28 th November 2024	10:00-11:00	Narcotics Anonymous	Civic Centre Bewick/Dobson	Register
Thursday	27 th March 2025	10:00-11:00	Narcotics Anonymous	Civic Centre Bewick/Dobson	Register

Spiritual Principles of NA

Presentation covering 12 of the many Spiritual Principles we try to practice in all our affairs, because "if there is one thing more than anything else that will defeat us in our recovery; this is an attitude of indifference or intolerance toward spiritual principles."

Dates, time, venue, and trainer

Thursday	26 th September 2024	10:00-11:00	Narcotics Anonymous	Civic Centre Bewick/Dobson	Register
Thursday	30 th January 2025	10:00-11:00	Narcotics Anonymous	Civic Centre Pandon	Register

Narcotics Anonymous Public Relations Event- Coming soon

			Newcastle Civic Centre	Civic Centre	
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Autism and Addiction- Coming soon.

This bespoke training will look at the links between autism and addiction, increasing number of autistic adolescents and adults with signs of substance addiction, usually alcohol but also illegal substances and the misuse of prescription medication such as benzodiazepines. Exploring why are autistic individuals at risk of developing addiction? The simple explanation is to engage or escape reality and moderate intense emotions. There will also be a look into gambling and gaming.

Dates, time, venue, and trainer

ADHD and Addiction- Coming soon.

Dates, time, venue, and trainer

Harm reduction and brief intervention- (Provided by CNTW) -Coming soon.

This training offers valuable insight into harm reduction and brief interventions. Covering how to identify those requiring support, including current trends in Newcastle, visual signs and how to support in harm reduction.

Dates, time, venue, and trainer

Monday	15 th July 2024	10:00-12:00	CNTW	Civic Centre Collingwood	Register
					Coming soon
					Coming soon

FASD in adults and children.

Session Objectives

- To analyse the prevalence and impact of prenatal alcohol exposure
- To identify the key signs and symptoms of FASD
- To understand the lifelong impacts of FASD
- To consider support strategies for individuals and their families
- To discuss the role of multi-agency practitioners

Adult

Dates, time, venue, and trainer

Thursday	11 th July 2024	13:00-16:00	Maria Catterick	Civic Centre Bewick Dobson	Register
Thursday	5 th September 2024	13:00-16:00	Maria Catterick	Civic Centre Pandon	Register
Tuesday	20 th February 2025	13:00-16:00	Maria Catterick	Teams	Register

Child and Family.

Dates, time, venue, and trainer

Thursday	11 th July 2024	09:00-12:00	Maria Catterick	Civic Centre Bewick Dobson	Register
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Thursday	5 th September 2024	09:00-12:00	Maria Catterick	Civic Centre Pandon	Register
Tuesday	20 th February 2025	09:00-12:00	Maria Catterick	Teams	Register

Equality and Diversity related courses- Coming soon.

- Autism Awareness
- ADHD Awareness
- BSL
- Introduction TO LGBTQ+ Identities: Understanding History, Terminology and Equality Legislation.
- Introduction To Trans and Non-Binary Identities: Understanding Trans and Non-Binary Inclusion.
- LGBTQ+ Health Inequalities:
Challenging Inequalities Through Equality And Accessibility.

Health related training courses.

Blood Borne Virus training.

This training session establishes a basic understanding of hepatitis B, hepatitis C, and HIV. However, in support of the hepatitis C elimination campaign the content leans slightly more towards hepatitis C.

The course of this session covers the following areas:

What are blood borne viruses?

What are the impacts of blood borne viruses?

What can you do to support people who are at risk of infection?

Dates, time, venue, and trainer

Tuesday	15 th October 2024	10:00-16:00	HEP C Trust	Civic Centre	Register
Tuesday	11 th February 2025	10:00-16:00	HEP C Trust	Civic Centre	Register

HIV

[Training | Terrence Higgins Trust \(tht.org.uk\)](#)

[HIV Awareness Materials | National AIDS Trust](#)

Stigma and Bias

Diversity and inclusion in the workplace course [Diversity and inclusion in the workplace: Week 4: Introduction | OpenLearn - Open University](#)

Empathy versus sympathy [Empathy vs. Sympathy: What's the Difference? - 2024 - MasterClass](#) ELFH Communicating with Empathy

Bias, Unconscious bias and malignant alienation - Coming soon.

Dates, time, venue, and trainer

Responding to disclosures- Coming soon.

Dates, time, venue, and trainer

Menopause

E Learning For Health- Menopause Awareness module

Healthy Lifestyles

Supporting practitioners to provide advice about healthy living, including eating a balanced diet, healthy weight, exercise, quitting smoking and drinking less alcohol.

Dates, time, venue, and trainer

Thursday	18 th July 2024	09:30- 11:30	Public health	Teams	Register
Wednesday	4 th September 2024	09:30- 11:30	Public Health	Collingwood/Stephenson Civic Centre	Register
Thursday	14 th November 2024	09:30- 11:30	Public health	Teams	Register
Wednesday	5 th February 2025	09:30- 11:30	Public health	Armstrong/Stephenson Civic Centre	Register

Wider Determinants of health

The wider determinants of health are a diverse range of social, economic and environmental factors which influence people's mental and physical health. Systematic variation in these factors constitutes social inequality, an important driver of health inequalities. This training explores the concepts and how we can influence these determinants.

Dates, time, venue, and trainer

Wednesday	11 th September 2024	12:30- 14:30	Public health	Armstrong/Stephenson Civic Centre	Register
Thursday	31 st October 2024	12:30- 14:30	Public health	Teams	Register

Wednesday	19 th February 2025	12:30- 14:30	Public health	Armstrong/Stephenson Civic Centre	Register
Tuesday	25 th March 2025	12:30- 14:30	Public health	Teams	Register

Finding and using Public Health Data – Coming soon.

Using health data can support us to identify risk factors and speed up diagnosis, identify pathways in disease transmission, thus preventing diseases or conditions. Predict outcomes and increase the effectiveness of interventions, improve the quality and safety of treatments, disseminate knowledge, and enhance public health strategy.

Health Literacy

Health literacy is important because a significant proportion of the population have insufficient literacy and numeracy skills to fully understand and use information for health, health literacy has a social gradient and is associated with other social determinants of health such as income, employment, ethnicity and deprivation of area of residence, it is associated with lower self-rated health, higher levels of long-term health conditions and higher levels of disability from long-term health conditions, and effective health literacy actions are available. This training will allow practitioners to provide information and support in a health literate manner.

Dates, time, venue, and trainer

Wednesday	18 th September 2024	09:30- 12:00	Public health	Parsons Civic Centre	Register
Tuesday	15 th October 2024	09:30- 12:00	Public health	Teams	Register
Wednesday	12 th February 2025	09:30- 12:00	Public health	Armstrong/Stephenson Civic Centre	Register
Thursday	6 th March 2025	09:30- 12:00	Public health	Teams	Register

Place based Approach- Coming soon.

The Place Standard tool is a way of assessing places. Whether the place is well-established, undergoing change, or is still being planned, the tool can help you.

The Place Standard tool provides a simple framework to structure conversations about place, based around 14 questions. It allows you to think about the physical elements of a place (such as the buildings, spaces, and transport) as well as the social aspects (like whether people feel they have a say in decision making).

Please note this course involves a local walk to use the tool, please dress appropriately for outdoor activity.

Dates, time, venue, and trainer

Wednesday	September		Public health		
Wednesday	November		Public health		
Wednesday	March		Public health		

Making Every Contact Count course.

MECC: Making Every Contact Count (MECC)

An approach to behaviour change that uses the millions of day-to-day interactions that organisations and people have with other people to support them in making positive changes to their physical and mental health and wellbeing.

MECC can be offered per organisation, if you wish to book a training session for your organisation or department, please contact publichealthtraining@newcastle.gov.uk

Dates, time, venue, and trainer

Tuesday	16 th July 2024	10:00-12:00	Allison Petty	Teams	Register
Wednesday	18 th September 2024	10:00-12:00	Allison Petty	Armstrong Stephenson Civic Centre	Register
Thursday	21 st November 2024	10:00-12:00	Allison Petty	Teams	Register
Wednesday	19 th February 2025	10:00-12:00	Allison Petty	Pandon Civic Centre	Register

MECC: Making Every Contact Count Train the Trainer:

As a trainer, you will be expected to deliver half day training sessions of Making Every Contact Count (MECC) within your area of work within the Northeast. Trainers will be expected to demonstrate the following to be eligible: Previous experience in delivering training, an understanding of MECC, be confident in group facilitation and have organisational support to deliver MECC within your workplace.

Dates, time, venue, and trainer

Tuesday	3 rd September 2024	13:00- 16:30	Tom Wooldridge	Armstrong/Stephenson Civic Centre	Register
Monday	9 th December 2024	13:00- 16:30	Tom Wooldridge	Armstrong/Stephenson Civic Centre	Register
Wednesday	12 th February 2025	09:30- 13:00	Tom Wooldridge	Civic Centre	Register

Mental Health related courses.

Emotional Resilience Training:

This course aims to help learners develop mental resilience and thrive in the face of stressful situations at work, and life in general.

The course content includes:

- An exploration of the connection between emotional health and resilience.
- Education on what is resilience and an assessment of resilience traits.
- How to recognise indicators of stress and identify support sources.
- Practical steps we can take to build resilience.
- The building of a personal workplace strategy to meet challenges.

Dates, time, venue, and trainer

Tuesday	16 th July 2024	09:00-12:30	Suzanne Barbour	Teams	Register
Tuesday	8 th October 2024	09:00-12:30	Suzanne Barbour	Teams	Register
Tuesday	14 th January 2025	09:00-12:30	Suzanne Barbour	Teams	Coming soon

Support on Suicide:

The course content aims to ensure learners:

- Understand the prevalence and risk factors of suicide.
- Understand the impact of stigma and discrimination of people experiencing mental distress and suicidal thoughts.
- Can identify signs that might indicate feelings of suicide.
- Understand how to speak to someone who is feeling suicidal and help them develop a support plan.

Dates, time, venue, and trainer

Tuesday	9 th July 2024	09:00-12:30	Ann Hunter	Teams	Register
Tuesday	10 th September 2024	09:00-12:30	Ann Hunter	Teams	Coming soon
Wednesday	4 th December 2024	09:00-12:30	Ann Hunter	Teams	Register

Mental Health Awareness:

This Highfield Body accredited qualification introduces learners to mental health concepts, mental ill health, and wellbeing, raising awareness of mental health to give learners a basic knowledge of the subject.

The course covers:

- What mental health is and how to challenge stigma.
- A basic knowledge of some common mental health issues.
- An introduction to looking after your own mental health and maintaining wellbeing.
- Confidence to support someone in distress or who may be experiencing a mental health issue.

Dates, time, venue, and trainer

Wednesday	9 th October 2024	09:00-12:30	Ann Hunter	Teams	Register
Wednesday	27 th November 2024	09:00-12:30	Ann Hunter	Teams	Coming soon
Wednesday	29 th January 2025	09:00-12:30	Ann Hunter	Teams	Register

Self-harm Awareness and response:- Coming soon

The training aims to improve confidence and reduce fear around the topic of self-harm. The course will cover what is self-harm and what isn't, to enable understanding and awareness. It will also cover resources, strategies, and signposting to support those self-harming and the people around them.

Dates, time, venue, and trainer

Wednesday	23 rd October 2024		Emm Charlton	Teams	Coming soon
Wednesday	11 th December 2024		Emm Charlton	Teams	Coming soon
	March 2025		Emm Charlton	Teams	Coming soon

Connect 5 Mental Health Training:

Connect 5 is a mental health promotion training programme that is designed to increase the confidence and skills of staff about mental health and wellbeing, it has three levels, and you can choose to progress through the stages depending on the requirements of your role.

Dates, time, venue, and trainer- Coming soon.

		Module 1			
		Module 1			
		Module 2			
		Module 2			
		Module 3			
		Module 3			

Trauma related courses.

Moral Injury Training: The training will cover, discussions on the concept of moral injury and the development of this concept: Talk about the impact of moral injury and discuss why other approaches are needed when treating patients who have experienced moral injury and what developments in this area are needed.

Dates, time, venue, and trainer- Coming Soon.

			Sarah Troughton	Teams	Coming soon
			Sarah Troughton	Teams	Coming soon

Trauma Awareness Training: The training will look at a variety of topic including the threat response in human beings, the sense behind seemingly 'illogical' victim behaviour(s) and the cyclic nature of trauma (repeat victimisation)

Dates, time, venue, and trainer

Thursday	18 th September 2024	9:30-12:30	Zoe Lodrick	Teams	Register
Wednesday	11 th December 2024	9:30-12:30	Zoe Lodrick	Teams	Register
Thursday	20 th March 2025	9:30-12:30	Zoe Lodrick	Teams	Register

Care and support for the trauma worker

Exposure to trauma can have lasting consequences for our clients/patients/service users and for those of us that work with traumatised people.

Zoe will highlight how a persons' brain reacts to trauma, and how that is then often replicated. She will explain the multiple ways in which interpersonal trauma recreates itself in people's trauma symptoms and in their life experience. She will suggest what is needed for a 'good enough' helping response and the necessity of care for those exposed to other people's trauma through their work.

Dates, time, venue, and trainer

Thursday	10 th September 2024		Zoe Lodrick	Teams	Register
Friday	6 th December 2024		Zoe Lodrick	Teams	Register
Tuesday	11 th March 2025		Zoe Lodrick	Teams	Register

Other courses.

Cultural Competency: -Coming soon.

This session will help you to: Explore what do we mean by culture, understand the diverse and intersecting characteristics of local communities develop skills to identify barriers to accessing services, recognise good practice and feel more confident in working with different communities.

If you wish to access this course for your full organisation please email Isobel.Corby@connectedvoice.org.uk

Dates, time, venue, and trainer- Coming soon.

Promoting Resilience to Gambling.

This session will provide you with an understanding of problem gambling and gambling-related harm, including signs, symptoms, and the impacts of problem gambling on an individual’s life and those around them.

Dates, time, venue, and trainer

Wednesday	18 th September 2024	09:30-11:30	Allison Petty	Teams	Register
Thursday	21 st November 2024	13:00-15:00	Allison Petty	Teams	Register
Wednesday	22 nd January 2025	09:30-11:30	Allison Petty	Teams	Register
Thursday	20 th March 2025	09:30-11:30	Allison Petty	Teams	Register

Prevent.

The aim of Prevent is to stop people from becoming terrorists or supporting terrorism.

The objectives of Prevent are to tackle the ideological causes of terrorism, intervene early to support people susceptible to radicalisation, enable people who have already engaged in terrorism to disengage and rehabilitate.

Dates, time, venue, and trainer

Tuesday	9 th July 2024	10:00-11:40	Joe Hogan	Teams	Register
Wednesday	6 th November 2024	11:00-12:30	Joe Hogan	Teams	Register

Lone Worker/Harassment/Active Bystander

<https://www.suzylamplugh.org/Pages/Events/Category/events>

Further training available in Newcastle

[NHSE elfh Hub \(e-lfh.org.uk\)](https://www.nhs.uk/health-education-and-training/elfh-hub)

Critical analysis of research, Health Inequalities, NHS Project and Change academy, Communicating with Empathy, Health Economics and Prioritisation in Public Health.

Health related training free if registering with a government email address.

[Free courses | OpenLearn - Open University](#)

Free Open University short courses, Understanding ADHD, Approaching Leadership with care, Attachment in the Early Years, Understanding Autism, Developing Career Resilience.

[FutureLearn: Online Courses and Degrees from Top Universities](#)

Some courses free for LA and NHS staff

[Free Adult Courses \(ncl-coll.ac.uk\)](#)

Free adult training courses

<https://freecoursesinengland.co.uk/why-its-free/>

Free government funded training courses.

<https://www.suzylamplugh.org/Pages/Events/Category/events>

Lone worker/harassment/active bystander

[Leadership And Organisational Development | The King's Fund \(kingsfund.org.uk\)](#)

Free leadership and Development Training- Collaborative working, Leading with Kindness and Compassion, The NHS Explained, Creative thinking in Health and Care

- To access support and training around Safeguarding [Children and Adults Safeguarding Courses - Newcastle Safeguarding](#)
- To access support and training around housing [Information for professionals - homelessness prevention | Newcastle City Council](#)
- To access support and training around finances, benefits and budgeting [Financial inclusion information for professionals and volunteers | Newcastle City Council](#)
- To access support and training around Domestic abuse [Domestic Violence and Abuse Training | Safe Newcastle](#)
- To access training and professional development [Training and Professional Development | Newcastle Support Directory](#)
- To access further support and training around alcohol <https://training.meccgateway.co.uk/alcohol-studies>
[Alcohol programme | North East and North Cumbria NHS \(northeastnorthcumbria.nhs.uk\)](#)
- For information on support services available to residents [InformationNOW - Information for people in Newcastle upon Tyne](#)

[MECC | \(meccgateway.co.uk\)](http://meccgateway.co.uk)

If you are interested in becoming a UK registered practitioner of Public Health, visit the web site for more details [Home - UK Public Health Register \(ukphr.org\)](http://ukphr.org)

For any questions around the existing training, or suggestions for future training please email: Publichealthtraining@newcastle.gov.uk

Please follow us on Eventbrite to keep updated on new training opportunities as they are added.