



About the training

Newcastle Public Health offer multi-agency training online and face to face.

This training is designed to help practitioners learn new skills and to enhance their offering to their clients and potentially colleagues.

Who are the courses for designed for?

The training programme is primarily aimed at managers, paid staff and volunteers who work in Newcastle with either adults or young people.

The training courses are suitable for staff from many different sectors and organisations such as:

- Specialist domestic and sexual violence and abuse service providers
- Health professionals, for example, midwives, health visitors, GPs, nurses, mental health services, school nurses
- Adult and children's safeguarding practitioners
- Education sector
- Housing and hostel services
- Alcohol and drug services
- Community and voluntary sector
- Criminal justice agencies

All the courses listed in this programme are delivered either face to face or on Microsoft Teams. Training delivered on a multi-agency basis using Public Health and external trainers is an effective way being able to offer a range of courses with expert knowledge and life experiences.

All the courses are delivered using various training methods including group work, PowerPoint presentation, skills practice, and case studies. The training is interactive and based upon current best practice and evidence of what works well in response to the situations that practitioners face.

Training delivery format

To ensure the training programme is accessible to all, the courses are delivered either face to face or online via Teams or Zoom.

The classroom-based courses take place at Newcastle Civic Centre but can also be delivered at other locations in the city including commissioned services and community settings. This will usually be the case for customised or specific organisational training.

For Teams training, to make the training a valuable learning experience for all participants we ask that you do not take phone calls or read / answer e-mails during Teams training. We also ask that you use a device that allows you to have your microphone and camera on, so that you can speak and are visible to the trainers.

Equality and Diversity

Equality is at the heart of our vision and values and is a part of everything we do. We are committed to tackling discrimination and the inequalities which prevent people from fulfilling their true potential. We aim to provide access to training regardless of a person's ethnicity, disability, sexual orientation, gender identity, age, or religion.

We aim to ensure that all our courses are inclusive and avoid discrimination in all respects. This is always an integral objective in our planning and preparation of the training, and we undertake to:

- ~ Ensure that all participants are treated as individuals
- ~ Respect the opinion and experience of others
- ~ Appropriately challenge discriminating language or any oppressive behaviour.

<https://www.newcastle.gov.uk/local-government/equality-and-diversity>

Booking guidance, terms, and conditions

Registration and allocation of places

All bookings are managed via the Eventbrite website. Click on the Eventbrite registration, course details and dates hyperlink next to the course you would like to attend and complete the online registration form.

Once you have completed the online registration form you will receive an e-mail confirmation from Eventbrite which will include your ticket for the training event. You will also receive a further e-mail confirmation/course reminder prior to the course date. Your Eventbrite ticket will give you the option to save the date in your calendar.

Your booking information may be shared with course providers to allow the sharing of course material, certificates, and information relevant to that training course. By booking onto a training course, you are agreeing to this information being shared if required.

Newcastle City Council's Privacy Notice explains how we use information about you and how we protect your privacy. [You can read the Privacy Notice here](#)

Charges for attendance

Training is free to organisations operating within Newcastle. Organisations from outside of Newcastle are welcome to attend but will be expected to pay a fee of £50 per person per day or £25 per person per half day.

Cancellations and non-attendance fees

If you are booked to attend a course but are subsequently unable to attend or are unable to attend for the entire course, you must cancel your booking on Eventbrite as soon as you become aware of this so that the place will be available for someone else. Cancellations must be received within 5 working days of the course start date. If you do not attend a course, have booked on without prior cancellation you (or your internal directorate) maybe liable for a late cancellation fee of £50.

Public Health reserves the right to cancel courses. If this happens, we will inform you as soon as possible and will offer an alternative date where available.

Drug and Alcohol related training courses.

Identification and Brief Advice Drugs and Alcohol:

The training session is available for workforce staff or individuals within Newcastle who work with young people, young adults and/or adults who use or misuse substances; and who would like to increase their awareness, knowledge, and skill. The aim of the Identification and Brief Advice (IBA) Programme is to increase the number of individuals competent to effectively deliver alcohol and drug screening and subsequent brief advice in Newcastle. This session will provide a basic understanding about drugs and alcohol: Awareness, Harms, Brief Advice, Identification, Referral Pathways.

Dates, time, venue, and trainer

Tuesday	27 th June 2023	12:00-15:00	Andy Hackett	Fenham Library	Props Team
Wednesday	13 th September 2023	9:30-12:30	Allison Petty	Civic Centre Pandon	Register
Wednesday	24 th January 2024	12:30-15:30	Allison Petty	Civic Centre Swan/Parson	Register
Thursday	21 st March 2024	9:30-12:30	Allison Petty	Civic Centre Collingwood	Register

Crack Cocaine:

Focusses specifically on cocaine, crack cocaine; to raise awareness of use and harms; appropriate treatment and how to work with this client group.

Dates, time, venue, and trainer

Thursday	20 th July 2023	9:30-12:30	Tony D'Agostino	Teams	Register
Thursday	20 th July 2023	13:30-16:30	Tony D'Agostino	Teams	Register
Friday	21 st July 2023	9.30-12.30	Tony D'Agostino	Teams	Register
Tuesday	12 th September 2023	13:30-16:30	Tony D'Agostino	Teams	Register

Tuesday	24 th October 2023	10:00-13:00	Tony D'Agostino	Teams	Register
Tuesday	12 th December 2023	13:30-16:30	Tony D'Agostino	Teams	Register

Drug and Alcohol Level 1:

This knowledge-based drug and alcohol training course will look at alcohol, prescription medication, NPS (former legal highs) and the different types of drugs that are commonly used and the issues surrounding them.

Dates, time, venue, and trainer

Thursday	15 th June 2023	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	26 th July 2023	13:30-16:30	Tony D'Agostino	Teams	Register
Tuesday	26 th September 2023	13:30-16:30	Tony D'Agostino	Teams	Register
Tuesday	7 th November 2023	13:30-16:30	Tony D'Agostino	Teams	Register
Wednesday	18 th January 2024	13:30-16:30	Tony D'Agostino	Teams	Register
Wednesday	14 th February 2024	13:30-16:30	Tony D'Agostino	Teams	Register

Drug and Alcohol Level 2: (Please complete level 1 prior to booking)

The drugs and alcohol training (Level 2) will develop participants knowledge and skills in identifying substance misuse and alcohol related needs via screening and/or assessment. It will provide workers with strategies and treatment tools that they can use to help clients engage with drug and alcohol treatment services.

Dates, time, venue, and trainer

Tuesday	2 nd August 2023	13:30-16:30	Tony D'Agostino	Teams	Register
Thursday	5 th October 2023	13:30-16:30	Tony D'Agostino	Teams	Register
Tuesday	14 th November 2023	13:30-16:30	Tony D'Agostino	Teams	Register
Friday	19 th January 2023	13:30-16:30	Tony D'Agostino	Teams	Register
Thursday	15 th February 2023	13:30-16:30	Tony D'Agostino	Teams	Register

Dual Diagnosis:

Focusses on drug use and mental health (occurring conditions). The course provides information on how drugs, alcohol and mental health issues interrelate and how to work effectively with people facing these challenges.

Dates, time, venue, and trainer

Friday	8 th September 2023	10:00-13:00	Tony D'Agostino	Teams	Register
Thursday	12 th October 2023	10:00-13:00	Tony D'Agostino	Teams	Register
Wednesday	29 th November 2023	10:00-13:00	Tony D'Agostino	Teams	Register
Tuesday	30 th January 2024	13:30-16:30	Tony D'Agostino	Teams	Register
Thursday	7 th March 2023	13:30-16:30	Tony D'Agostino	Teams	Register

Drugs and Young People:

This course covers the most commonly used drugs young people may use, including novel psychoactive substances (former legal highs), misuse of prescription medication, Illicit mediation (such as Xanax), cannabis and alcohol. It also covers issues such as 'county lines and adolescent trauma. The course will help workers to identify symptoms, respond appropriately, and know when to refer to specialist services.

Dates, time, venue, and trainer

Thursday	3 rd August 2023	13:30-16:30	Tony D'Agostino	Teams	Register
Wednesday	18 th October 2023	10:00-13:00	Tony D'Agostino	Teams	Register
Friday	8 th December 2023	13:30-16:30	Tony D'Agostino	Teams	Register
Wednesday	7 th February 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Friday	8 th March 2024	13:30-16:30	Tony D'Agostino	Teams	Register

Chemsex:

Course aims to give the participants the confidence, knowledge, and skills to be able to give effective interventions to this cohort of people. The course covers:

- Basic understanding of Chemsex
- What we know and what we don't know
- Risk factors and implications for health, sexual health, and drug services
- Prevention and harm reduction
- Good practice and resources

Dates, time, venue, and trainer

Thursday	2 nd November	13:30-16:30	Tony D'Agostino	Teams	Register
Thursday	11 th January 2024	10:00-13:00	Tony D'Agostino	Teams	Register
Friday	29 th March 2024	10:00-13:00	Tony D'Agostino	Teams	Register

Safeguarding Vulnerable Dependent Drinkers: The training will:

- Identify chronic dependent drinkers who require the protection and support of key legal powers
- Challenge the “lifestyle choice” paradigm that is applied to this client group
- Understand how the Care Act applies to this group
- Understand how the Mental Capacity Act applies
- Understand how the Mental Health Act applies
- Understand what care plan interventions support action under these powers
- Understand what helps makes these powers work to their best effect.

Dates, time, venue, and trainer:

Thursday	19 th October 2023	10:00-12:00	Mike Ward	Teams	Register
Tuesday	31 st October 2023	12:00-14:00	Mike Ward	Teams	Register
Wednesday	22 nd November 2023	14:00-16:00	Mike Ward	Teams	Register
Thursday	7 th December 2023	16:00-18:00	Mike Ward	Teams	Register
Thursday	18 th January 2023	14:00-16:00	Mike Ward	Teams	Register
Tuesday	13 th February 2024	12:00-14:00	Mike Ward	Teams	Register
Tuesday	19 th March 2024	10:00-12:00	Mike Ward	Teams	Register

Thursday	4 th April 2024	16:00-18:00	Mike Ward	Teams	Register
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Naloxone Training:

The training will cover:

- What is Naloxone,
- its history and reasons for use, current drug trends nationally and in the North East how Naloxone works and how it is administered

Dates, time, venue, and trainer

Thursday	20 th July 2023	10:00-12:00	Stacey Sateri	Plummer Court	Register
Friday	15 th September 2023	10:00-12:00	Stacey Sateri	Plummer Court	Register
Friday	17 th November 2023	10:00-12:00	Stacey Sateri	Plummer Court	Register
Friday	12 th January 2024	10:00-12:00	Stacey Sateri	Plummer Court	Register

12 Step Myths and reality training:

Training will give a brief introduction to the Narcotics Anonymous 12 step fellowship and address some of the common misconceptions.

Dates, time, venue, and trainer

Wednesday	12 th July 2023	10:00-11:00	Narcotics Anonymous	Civic Centre Swan / Parson	Register
Wednesday	13 th September 2023	10:00-11:00	Narcotics Anonymous	Civic Centre Swan / Parson	Register
Friday	10 th November 2023	10:00-11:00	Narcotics Anonymous	Civic Centre Swan / Parson	Register
Wednesday	10 th January 2024	13:00-14:00	Narcotics Anonymous	Civic Centre Pandon	Register
Friday	8 th March 2023	10:00-11:00	Narcotics Anonymous	Civic Centre Swan / Parson	Register

Narcotics Anonymous Public Relations Event

Friday	25 th August 2023	09:30-12:30	Newcastle Civic Centre	Civic Centre Council Chamber	Register
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Making Every Contact Count courses.

MECC: Making Every Contact Count (MECC)

An approach to behaviour change that uses the millions of day-to-day interactions that organisations and people have with other people to support them in making positive changes to their physical and mental health and wellbeing.

Dates, time, venue, and trainer

Wednesday	9 th August 2023	10:00-12:00	Allison Petty	Teams	Register
Wednesday	11 th October 2023	10:00-12:00	Allison Petty	Teams	Register

MECC: Making Every Contact Count Train the Trainer:

As a trainer, you will be expected to deliver half day training sessions of Making Every Contact Count (MECC) within your area of work within the Northeast. Trainers will be expected to demonstrate the following to be eligible: Previous experience in delivering training, an understanding of MECC, be confident in group facilitation and have organisational support to deliver MECC within your workplace.

Dates, time, venue, and trainer

Monday	17 th July 2023	13:00-16:30	Tom Wooldridge	Civic Centre Banqueting Hall	Register
Tuesday	19 th September 2023	9:30-13:00	Tom Wooldridge	Civic Centre Swan Parson	Register

Mental Health related courses.

Emotional Resilience Training:

This course aims to help learners develop mental resilience and thrive in the face of stressful situations at work, and life in general.

The course content includes:

- An exploration of the connection between emotional health and resilience.
- Education on what is resilience and an assessment of resilience traits.
- How to recognise indicators of stress and identify support sources.
- Practical steps we can take to build resilience.
- The building of a personal workplace strategy to meet challenges.

Dates, time, venue, and trainer

Thursday	7 th December 2023	9:30-13:30	Emmalene Charlton	Teams	Register
Tuesday	30 th January 2024	9:30-13:30	Emmalene Charlton	Civic Centre Collingwood Room	Register

Support on Suicide:

The course content aims to ensure learners:

- Understand the prevalence and risk factors of suicide.
- Understand the impact of stigma and discrimination of people experiencing mental distress and suicidal thoughts.
- Can identify signs that might indicate feelings of suicide.
- Understand how to speak to someone who is feeling suicidal and help them develop a support plan.

Dates, time, venue, and trainer

Tuesday	12 th September 2023	9:30-13:30	Emmalene Charlton	Teams	Register
Wednesday	22 nd November 2023	9:30-13:30	Emmalene Charlton	Civic Centre Collingwood Room	Register

Mental Health Awareness:

This Highfield Body accredited qualification introduces learners to mental health concepts, mental ill health, and wellbeing, raising awareness of mental health to give learners a basic knowledge of the subject.

The course covers:

- What mental health is and how to challenge stigma.
- A basic knowledge of some common mental health issues.
- An introduction to looking after your own mental health and maintaining wellbeing.
- Confidence to support someone in distress or who may be experiencing a mental health issue.

Dates, time, venue, and trainer

Tuesday	25 th July 2023	9:30-13:00	Emmalene Charlton	Teams	Register
Tuesday	26 th September 2023	9:30-13:00	Emmalene Charlton	Teams	Register

Self-harm Awareness and response:

The training aims to improve confidence and reduce fear around the topic of self-harm. The course will cover what is self-harm and what isn't, to enable understanding and awareness. It will also cover resources, strategies, and signposting to support those self-harming and the people around them.

Dates, time, venue, and trainer

Thursday	7 th September 2023	9:30-14:00	Emmalene Charlton	Teams	Register
Monday	25 th September 2023	9:30-14:00	Emmalene Charlton	Teams	Register

Connect 5 Mental Health Training:

Connect 5 is a mental health promotion training programme that is designed to increase the confidence and skills of staff about mental health and wellbeing, it has three levels, and you can choose to progress through the stages depending on the requirements of your role.

Dates, time, venue, and trainer

Tuesday	3 rd October 2023	9:30-16:00 Module 1&2	Emmalene Charlton	Civic Centre Collingwood	Register
Tuesday	17 th October 2023	9:30-16:00 Module 1&2	Emmalene Charlton	Civic Centre Swan room	Register

Tuesday	7 th November 2023	9:30-11:00 Module 3	Emmalene Charlton	Civic Centre Collingwood	Register
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Trauma related courses.

Moral Injury Training: The training will cover, discussions on the concept of moral injury and the development of this concept: Talk about the impact of moral injury and discuss why other approaches are needed when treating patients who have experienced moral injury and what developments in this area are needed.

Dates, time, venue, and trainer

Wednesday	13 th September 2023	14:30 – 16:30	Sarah Troughton	Teams	Register
Friday	29 th September 2023	10:00 – 12:00	Sarah Troughton	Teams	Register

Trauma Awareness Training: The training will look at a variety of topic including the threat response in human beings, the effect of trauma on memory and recall and the cyclic nature of trauma (repeat victimisation).

Dates, time, venue, and trainer

Thursday	10 th August 2023	9:30-16:30	Zoe Lodrick	Teams	Register
Friday	1 st September 2023	9:30-16:30	Zoe Lodrick	Teams	Register
Tuesday	17 th October 2023	9:30-16:30	Zoe Lodrick	Teams	Register

Other courses.

Cultural Competency: (This course is only open to those working in the Public Health team)

This session will help you to: Explore what do we mean by culture, understand the diverse and intersecting characteristics of local communities develop skills to identify barriers to accessing services, recognise good practice and feel more confident in working with different communities.

If you wish to access this course and are not part of the Public Health team please email Isobel.Corby@connectedvoice.org.uk

Dates, time, venue, and trainer

Wednesday	6 th September 2023	9:30-12:30	Isobel Corby	Teams	Register
Thursday	8 th February 2024	13:00-15:30	Isobel Corby	Teams	Register
Wednesday	8 th May 2024	9:30-12:30	Isobel Corby	Civic Centre Swan Parson	Register
Tuesday	2 nd July 2024	9:30-12:30	Isobel Corby	Civic Centre Swan Parson	Register

Promoting Resilience to Gambling Taster Course.

This taster session will provide you with an understanding of problem gambling and gambling-related harm, including signs, symptoms, and the impacts of problem gambling on an individual's life and those around them.

- Start to understand the psychology of gambling,
- why people gamble
- what happens to the brain when we gamble
- Understand the difference between gambling and problem gambling,
- indicators
- how to signpost to appropriate services

Dates, time, venue, and trainer

Tuesday	16th January 2024	10:00 – 11:30	Margaret Stephenson	Teams	Register
Monday	5th February 2024	13:00 – 14:30	Margaret Stephenson	Teams	Register

Further training available in Newcastle

[Children and Adults Safeguarding Courses - Newcastle Safeguarding Early Help and Early Years Training | Newcastle City Council](#)

[Prevent in Newcastle | Newcastle City Council](#)

[OLLIE: One Life Lost Is Enough \(theolliefoundation.org\)](#)

[Alcohol programme | North East and North Cumbria NHS \(northeastnorthcumbria.nhs.uk\)](#)

[Financial inclusion | Newcastle City Council](#)

[Safe-Newcastle-Domestic-Abuse-Training-Programme-2023-2024.pdf \(newcastlesafeguarding.org.uk\)](#)

[NHSE elfh Hub \(e-lfh.org.uk\)](#)

Health related training free if registering with a government email address.

[CEOP Education \(thinkuknow.co.uk\)](#)

[Free Adult Courses \(ncl-coll.ac.uk\)](#)

[About — ReCoCo \(recoverycoco.com\)](#)

If you are interested in becoming a UK registered practitioner of Public Health, visit the web site for more details

UKPHR

Public Health Register

Protecting the public | improving practice

For any questions around the existing training, or suggestions for future training please email: Publichealthtraining@newcastle.gov.uk

Please follow us on Eventbrite to keep updated on new training opportunities as they are added.