

# COVID-19 Vaccine

Vaccines are safe and effective

Getting vaccinated is the best way of protecting yourself and others against serious illness from COVID-19



If you are an adult, you should have already been offered the vaccine. If not, you remain at risk, and you can still get the vaccine from the NHS.

The NHS is offering COVID-19 vaccine to children and young people aged 12 to 17 years.

People aged 16 and over can also get a booster dose.



The NHS is offering COVID-19 vaccines to children aged 5 to 11 years.

Children can get a first dose of the vaccine from the day they turn 5.

[www.newcastle.gov.uk/covidvaccine](http://www.newcastle.gov.uk/covidvaccine)

COVID-19 vaccines do not contain live coronavirus and cannot infect a pregnant woman or her unborn baby in the womb.

Don't delay vaccination until after you have given birth.

The vaccines can be received whilst breastfeeding.

There is no need to avoid getting pregnant after a COVID-19 vaccination.



There are 2 booster doses of the COVID-19 vaccine you may be able to get:

- a booster for everyone aged 16 and over, and some children aged 12 to 15
- a seasonal booster for people aged 50 and over, those at higher risk or who are pregnant, and frontline health and social care workers

If you have not had a booster dose yet and you're eligible, you can book anytime.



If you've had a positive COVID-19 test, you need to wait before getting the COVID-19 vaccine.

If you or your child have symptoms of COVID-19, but have not had a test, you should wait until your symptoms are better before you get the vaccine. You can talk to a healthcare professional at the vaccination site about this.

