

## **Healthier Food Environments Supplementary Planning Document (SPD)**

Newcastle City Council has adopted a 'whole-system approach' to healthy weight, nutrition, and physical activity in Newcastle. A 'whole-system approach' is one which looks at how different aspects of people's lives and their local environment influences their health, including being able to maintain a healthy weight. To support people to do this, we need to look at how the 'food environment'- what food is available to people in their local environments – affects them.

To ensure that the council's Planning function can support this approach, a new Healthier Food Environments Supplementary Planning Document (SPD) has been prepared.

An 'SPD' is a document that contains guidance which expands on the policies within our main development plan for Newcastle. It shows how the council expects our planning policies to be addressed in planning applications, and how the policies will be implemented by the council when making decisions on planning applications.

The Healthier Food Environments 'SPD' includes new policy areas on:

- Supporting individuals, families, and communities to access, adopt and sustain healthier diets.
- Improving the food environment, including by limiting further growth of hot-food takeaways which provide food, which is typically high in fat, salt, and sugar.